

# The Braxted Bulletin

MARCH 2021



## VILLAGE INFORMATION

### Clerks to the Parish Councils:

Great Braxted Sarah Gaeta Tel 07307 891134

Little Braxted Gordon Musset Tel 01376 520103

### Neighbourhood Watch Coordinator:

Great and Little Braxted Mandy Chapman Email:

[thebraxtedsneighbourhoodwatch@yahoo.com](mailto:thebraxtedsneighbourhoodwatch@yahoo.com)

**Non-urgent contact for Police:** 101 or 0300 333 4444

**Non-urgent contact for medical concerns:** 111

**Water** 0345 7820999, **Electricity** 0800 0294285

### Responsibility for Essex Highways:

Essex County Council 0845 603 7631

### Library Information:

**Wickham Bishops Library**



### Service disruption

Following [Government guidelines](#), this library is open for the collection of reservations only.

## Next Parish council meetings

### Great

**Braxtedd** Gt Braxted PC next meeting Thursday 11th March

Email: [greatbraxtedpc@gmail.com](mailto:greatbraxtedpc@gmail.com)

Website: <https://e-voice.org.uk/greatbraxtedparishcouncil/>

**Little Braxted** - All meetings are held at the Braxted Bakery, and start at 7.00 p.m.

The next dates are: To be confirmed Email the following for details: [littlebraxtedpc@hotmail.com](mailto:littlebraxtedpc@hotmail.com)

All members of the public are welcome to attend either PC meeting

## WELCOME TO SPRING

The front cover may seem to be a collection of random pictures this month, but in fact is a clue/reminder to some specific dates for your diary as follows, Wednesday 17th March St Patrick's day, Mother's day Sunday 14th March and daylight saving time change Sunday 28th March, so your clocks should spring forward by 1 hour.

A big thank you to the lockdown walkers who have collected litter and rubbish from the roadside. Whoever you are, your efforts are much appreciated and have helped make Braxted's walks even better.

If you know anyone that does not access Facebook, would like a copy emailed to them, or would like a free printed copy delivered to them as they do not have a computer or email address, please let me know by the 2nd week of any month at [lee.kane01@hotmail.com](mailto:lee.kane01@hotmail.com)

## WELCOME TO BRAXTED

Welcome to Marilyn, Mark and Josh Garrett, who recently moved into The White House Little Braxted.... If you have new neighbours that you would like to add to this article next month, please let me know.

## BRAXTED RESIDENTS FACEBOOK GROUPS

Those interested, in local updates, including stories found in the Braxted bulletin and other local issues, please feel free to join the following Facebook groups , **by either** searching for 'Great Braxted Residents' or using the below link for Great Braxted, or requesting to join 'Little Braxted' group via Facebook message to Ali Aldi. <https://www.facebook.com/groups/1637978482902828/>

<https://e-voice.org.uk/greatbraxtedparishcouncil/>

The above referenced website is updated by our parish clerk, and includes local information, including planned road closures, as well as news from Maldon District council including campaigns, news and bulletins.

## GREAT BRAXTED VILLAGE NOTICEBOARD REPAIR

The village noticeboard, which is currently located on the wall by The Old Village Stores on Tiptree Road, is due to be refurbished, so will at some point need to be temporarily removed from its current location to be worked on.

**Advertising Prices** per monthly Braxted Bulletin edition =  
Full page £30 Half page, £15 Quarter page £10, Advert enquiries  
email: [Maria.armstrong2@btinternet.com](mailto:Maria.armstrong2@btinternet.com)

Cut off for next month's Bulletin – approx. 20th day of the previous month  
[Lee.kane01@hotmail.com](mailto:Lee.kane01@hotmail.com)

**NB** The views expressed in this magazine are not necessarily those of the editor, nor can the editor guarantee the credentials or performance of any of the advertisers within this publication.



## ST NICHOLAS, CHURCH LITTLE BRAXTED

In the Ecclesiastical Parish of Wickham Bishops with Little Braxted



**Sadly our churches remain closed for both public and private worship : watch the website for further announcements**

### **IN AND FROM OUR PARISH**

**All services will be streamed on Face Book Live until further notice. Sunday Order of Service and Weekly Pew Sheet are posted on the website [www.churchinwickhambishops.org.uk](http://www.churchinwickhambishops.org.uk)**

|   |  |
|---|--|
| Sunday 7th  | <b>3rd Sunday of Lent</b>  |
| 10.30 am  | Service of the Word on FB Live.  |
| Sunday 14 <sup>th</sup>   | <b>Mothering Sunday</b>  |
| 10.30 am  | Service of the Word on FB Live.  |
| <b>The following services may be gathered ones in our churches. We await further information. To Be Confirmed</b> |  |
| Sunday 21 <sup>st</sup>   | <b>5th Sunday of Lent and the beginning of Passiontide</b>   |
| 9.00am  | <i>Holy Communion at St Nicholas' Little Braxted. Should we be able to gather please 'Book a Pew' by texting 07902 453893</i>  |
| 10.30am   | Service of the Word at St Bartholomew's Church and on FB Live prepared by the Sunday Praise Team.  |
| Sunday 28 <sup>th</sup>   | <b>Palm Sunday</b>   |
| 10.30am   | Dramatised presentation of the Gospel on FaceBook.<br>Holy Communion at St Bartholomew's (TBC) and on FB Live  |
| WEDNESDAYS  |  |
| 10.00am   | Service of Holy Communion streamed on FB Live.   |
| MONDAYS and FRIDAYS   |  |
| 10.15 am  | <b>Zoom Prayers</b> following the #Live Lent series (please email <a href="mailto:revhilary@btinternet.com">revhilary@btinternet.com</a> if you wish to be part of this so we can send you the link) |

Priest-in-charge Rev Hilary Le Sève 01621 892867

Churchwardens Barry Cousins

Graham Wingrove 01621 891844 01621 891355 / 07902 453893

**Events commemorating the 900<sup>th</sup> Anniversary of the founding of St Nicholas' remain suspended. We hope to reinstate some of these during the coming months! Watch the website and this page for details.**





# HOW TO TREAT CORONAVIRUS SYMPTOMS AT HOME

## TEMPERATURE



- ✓ Get lots of rest.



- ✓ Drink plenty of fluids (water is best) to avoid dehydration - drink enough so your pee is light yellow and clear.



- ✓ Take paracetamol or ibuprofen if you feel uncomfortable.



## COUGH



- ✓ Lie on your side or sit upright instead. **Avoid lying on your back.**



- ✓ Try having a teaspoon of honey to help ease a cough. But do not give honey to babies under 12 months.

If this does not help, ask a non-isolating friend or family member to seek advice from a pharmacist on your behalf.

## BREATHLESS



- ✓ Keep your room cool. Try turning the heating down or opening a window. **DO NOT use a fan as it may spread the virus.**



- ✓ Try breathing slowly in through your nose and out through your mouth, with your lips together.



- ✓ Sit upright in a chair relaxing your shoulders.



- ✓ Lean forward slightly - support yourself by putting your hands on your knees or on something stable like a chair.

Try to stay calm if you're feeling breathless. Anxiety can make it worse.

## Call 999 for an ambulance if you or someone you care for:

- are struggling to breathe
- are coughing up blood
- have blue lips or a blue face
- feel cold and sweaty, with pale or blotchy skin
- have a rash that does not fade when you roll a glass over it
- collapse or faint
- become confused or very drowsy
- have stopped peeing or are peeing much less than usual

Tell the operator you might have coronavirus symptoms.

## DO NOT GO TO A PHARMACY

If you or someone you live with has coronavirus symptoms, you must all stay at home.

If you're concerned about your symptoms and need medical advice, use the **NHS 111 online coronavirus service.**

## GETTING HELP WHILE YOU'RE STAYING AT HOME

The Essex Wellbeing Service can help you while you have to stay at home (self-isolate).

Call 0300 303 9988 8am to 7pm (Mon to Friday), 10am to 2pm (Weekends)



## ALL SAINT'S GREAT BRAXTED CHURCH NEWS MARCH 2021

Well it seems like there might be light at the end of the tunnel with the latest government news!

We can hold weddings and funerals again, but with very limited numbers. Two of our weddings that were postponed last year are now going to take place on the 29th and 30th March, just before Easter.

Our best wishes to Sheri and Mark, also Doyin and Lanre for a happy future .

At the time of writing this note we are not certain what will happen at Easter but we believe and hope that will will be back for the usual services. Watch this space. It will be with existing precautions such as social distancing, sanitizing hands, etc..

Palm Sunday will be via Zoom as will Sunday and Tuesday services at 10am, contacts below for the log on details.

Mothering Sunday (March 14th) will be noted by having available posies for mothers and grandmothers, aunts, and ladies. These will be at gates or porches of St Luke's Tiptree or All Saints Messing from 0930am and include flowers from the churchyards of Great Braxted and Inworth.

|                         |                               |              |
|-------------------------|-------------------------------|--------------|
| <b>Contacts:</b> Rector | Revd. Anne-Marie Renshaw      | 01621 815260 |
| Churchwardens           | Mike Puttick                  | 01621 816830 |
|                         | Ken Hornett                   | 01621 891424 |
| Admin Assistant         | Christine Hall [office hours] | 07421 078981 |

Website: [www.tk-tiptree-braxted-benefice.org.uk](http://www.tk-tiptree-braxted-benefice.org.uk)

Sadly, the school has remained closed to most pupils throughout the first spring half term, but the children have still been learning and working hard at home. We have been extremely impressed with their super motivation and positive attitude.

Here are some examples of the amazing work completed by Year 6.

### Year 6's Mythical Beasts

Linked to their Ancient Greece unit of work, Year 6 enjoyed researching, creating and drawing their own mythical beasts.



They were also asked to write a paragraph to describe their mythical beast.

*Vile and malevolent, the Cogle departs from its rotting lair at night to hunt sleeping citizens who obey Heracles. With eyes of an eagle, seeing up to eight times the distance of a human being, the Cogle is sure to detect its worst foe, the one and only Heracles. As it slithers towards its ever growing list of enemies, not a sound can be heard. Then it glides up to their necks and disaster strikes, one bite and the poison has assassinated them. Only 1 foot tall ensures that it can hide easily without being seen before the strike happens. To call it a lethal killing machine would be an understatement for no one wants to have this beast wishing them goodnight. Sent by its master, Hera, the Cogle never disobeys. To kill Heracles is its latest command but who will be victorious? Written by Emma H*



## Children's Mental Health Week 2021

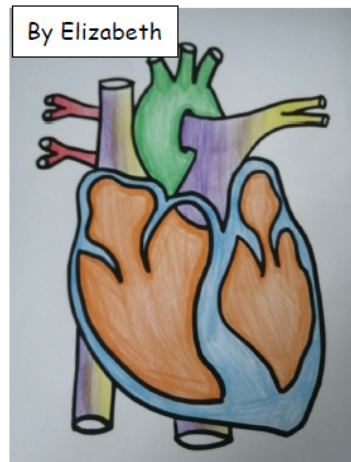
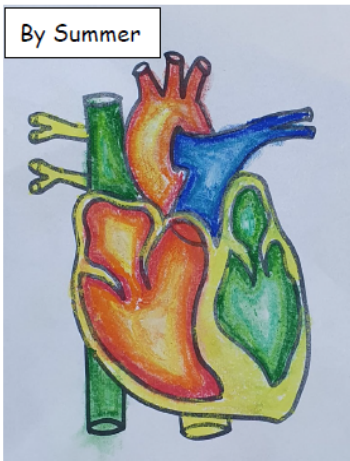
Children's Mental Health Week took place from 1<sup>st</sup>-7<sup>th</sup> February. Each year group were asked to complete activities linked to mental health and wellbeing.

Well done to Madeleine who enjoyed drawing and baking on her 'Wellbeing Day'.



## Anatomy Art Project

The children combined their learning about the body in science with developing their artistic skills. After practising how to use colour and tone effectively, they experimented with complimentary colours and were asked to colour a picture of the heart using colouring pencils, paints or pastels.





# **THE ESSEX WELFARE SERVICE**

**0300 303 9988**

**provide.essexwelfareservice@nhs.net**

## **OPENING HOURS**

**MON - FRI, 8AM - 7PM**

**SAT - SUN, 10AM - 2PM**

**THE ESSEX WELFARE SERVICE IS THERE TO HELP YOU FIND AND ACCESS SUPPORT DURING THE COVID-19 CHALLENGE. IF YOU NEED SUPPORT WITH ADVICE, DAILY LIVING TASKS AND WELLBEING, PLEASE CONTACT US.**



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## News from District Councillor

There is a new testing centre that has been setup in Maldon. This is for anyone who does not have symptoms but thinks they may be asymptomatic and needs to be tested for Covid-19. You can get a Lateral flow test conducted at the West Maldon Community Centre. You will need to book an appointment, but results are given in 30 minutes.

For details go to: <https://www.maldon.gov.uk/communitytesting> If you have symptoms please go to a Covid-19 testing site.

There is a new vaccination centre being created in the district. This will be at the Leisure Centre in Burnham on Crouch. It is anticipated that it will be ready to give vaccinations at the end of February.

Residents may remember that just over a year ago, the council discussed raising the wharfage fees for the barges at the Hythe. This proved controversial at the time and the fee increase was postponed. This was discussed again at the Strategy and Resources committee and we made the decision to offer the barge owners a 50% discount in their wharfage fees for the 2021/22 year. This is to assist them through their current financial difficulties and to ensure that we support our maritime heritage. This decision will have to be voted on at full council. Maldon means barges and it is crucial that we support our maritime heritage.

We have also started donating old IT equipment to the recycling scheme for schools. This is at an early stage, however I am hoping that during this year more equipment will be donated, so that those children in Essex who are in need, have access to their own technology.

Please contact me at any time either by email or telephone 01621 890809  
[cllr.richard.siddall@maldon.gov.uk](mailto:cllr.richard.siddall@maldon.gov.uk)

Stay safe and well

Richard

# We want to hear your views

## Generic design assessment consultation

We are scrutinising new nuclear power station designs thoroughly, making sure people and the environment are properly protected.

We are assessing General Nuclear System Limited's UK HPR1000 design. This design is proposed for Bradwell, Essex.

We are consulting on the conclusions from our generic (pre-siting) assessment of the environmental aspects of the UK HPR1000 design.

The consultation runs from 11 January 2021 to 4 April 2021.



Copyright China General Nuclear

### How can you get involved?

**Events: 23 February, 17:30 – 19:30**

<https://www.trybooking.co.uk/XLG>

**25 February, 17:30 – 19:30**

<https://www.trybooking.co.uk/XLH>

**Online consultation:**

<https://consult.environment-agency.gov.uk/nuclear/assessing-new-nuclear-power-station-ukhpr1000/>

**Email:** [nuclear@environment-agency.gov.uk](mailto:nuclear@environment-agency.gov.uk)

**Post:** Dr Paula Atkin, Environment Agency, Ghyll Mount, Gillan Way, Penrith, CA11 9BP

## Are you fed-up with doing the same old walks?

Walking in Essex [www.walkinginengland.co.uk/essex](http://www.walkinginengland.co.uk/essex) is the website for you!

With hundreds of walks to download and print, free, it also has books of walks, contact details for all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John said ‘There is so much walking information on the web but it is difficult to find. Walking in Essex (part of the Walking in England suite of websites – one for each county in England) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you’.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

John Harris

[www.walkinginengland.co.uk/essex](http://www.walkinginengland.co.uk/essex)

email: [john@walkinginengland.co.uk](mailto:john@walkinginengland.co.uk)





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## **Volunteers needed to support local COVID-19 vaccination programme**

Your local NHS is getting ready to deliver a COVID-19 vaccination programme and they need your help.

They are looking for volunteer stewards across Essex and Suffolk to be at the forefront of the local fight against the virus – you could be part of it!

As a volunteer steward, you will help the vaccination process run smoothly and safely.

Local vaccination stations will be open from 8am-8pm seven days a week. Volunteers are asked to commit to individual sessions of four hours plus 15 minutes handover time.

**This is an exciting opportunity to play your part in protecting the community and saving lives.**

If you are interested in volunteering please email [epunft.businesssupport.volunteering@nhs.net](mailto:epunft.businesssupport.volunteering@nhs.net)

For more information visit <https://eput.nhs.uk/vaccine-recruitment>

## Can you spot the empty house? So did the burglar.

During winter, houses are more likely to be burgled in the early evening. Put lights on timers in the rooms you use most to make it look like you're in. Turn over for more tips.

 **SECURE**  
 **PROTECT**  
 **PREVENT**

1. Close and lock all **windows and doors every** time you leave the house or go to bed. Make sure that the door is locked properly i.e. lift the handle, turn the key and then remove the key ensuring that it is available for you to exit in case of emergency but out of sight from prying eyes.
2. If you have a **burglar alarm** use it at all times, even if just popping out for a moment, or zone off areas before going to bed.
3. Leave **lights** on timers or radios on in the rooms you use the most, invest in a TV simulator such as 'Fake TV' to make it look like you are in. Fit external lighting using energy saving bulbs or LED's which are activated by a dawn to dusk sensor. If burglars see your house has security lighting they are less likely to approach for fear of being seen.
4. Secure your **boundaries** and ensure access to your back garden is not easily obtained, lock gates and consider some spiky plants. Look out for climbing aids such as wheelie bins that may make it easier for the burglar to get in. Keep **sheds, garage** and other outbuildings locked securely, as they may contain valuable items or tools that may be used to break into your house.
5. Use forensic marking or other **property marking** methods to identify your property and display any product signage/labels. Keep an inventory of your property including serial numbers and photographs. This can be done in a paper version or on an online asset recording product. Make sure you include details such as identifying marks, value, and purchase date.

Information on security products including property marking products and, asset recording products can be found at: [www.securedbydesign.com](http://www.securedbydesign.com)

For further crime prevention information visit: [www.essex.police.uk/cp/crime-prevention](http://www.essex.police.uk/cp/crime-prevention)

 **SECURE**  
 **PROTECT**  
 **PREVENT**

## VILLAGE ACTIVITIES IN BRAXTED PAVILION & GROUNDS

Lettings Officer & Key Holder: Sarah Mann 892821 , email [sarahm66@btinternet.com](mailto:sarahm66@btinternet.com)

**NOTE:** Several of the below regular activities have been suspended including, The Bridge Group, The Art Club and Parish Council meetings, all separately decided to close for the time being. This is in line with government recommendations. There may be others that hold activities within the pavilion building, so please check with organisers before attending.

The pavilion itself will be subject to daily checks to ensure it is OK and things such as maintenance, cleaning, decorating and the like will continue, as these do not involve "gatherings" of more than a very few people

|                       |   |
|-----------------------|---|
| <b>Monday</b>         | <b>U3A Bridge Group</b> 09.30 am, - 12.30 pm (Ken Hornett 891424)<br><br><b>Metafit [keep fit]</b> 6:30pm – 9pm. <i>Lisa Brand 01621 893720</i> |
| <b>Wednesday</b>      | <b>Pilates Class</b> 4:30pm - 5:30pm. <i>Maureen Barnes 07718741362</i>   |
| <b>Thurs&amp; Sat</b> | <b>Dog Club</b> Thursday 09:30am-1:30pm, 1 <sup>st</sup> Saturday of the month (Excl Jan), from 10am. <i>Diane Sawford 01621 893664</i>         |
| <b>Thursday</b>       | <b>Braxted Art Club.</b> <i>David Joyce 01621 891241</i>  |
| <b>Saturday</b>       | <b>Braxted Bombers Keep Fit</b> (outdoors when weather good) 8.30am -9.30am. Terry Martin 07976617534   |
| <b>Misc</b>           | <b>Parish Council and Pavilion Committee</b> Meetings (details in Bulletin)<br><b>Home school</b> intermittently some weekday Wednesday's       |

*The cost of the Pavilion is £25 or £10 for residents of Great and Little Braxted.*

