

VOLUNTEERING OPPORTUNITIES SEPTEMBER 2020

FAMILY MEDIATOR

Volunteers are needed to carry out mediation between family members. The role involves giving both parties the opportunity to put their side across and looking for solutions or compromises acceptable to both. Mediators will be impartial and nonjudgmental, with the volunteer's only objective to resolve conflict. Training is provided and a DBS check is required. Home visits are currently suspended and all services (including training) are being delivered by Zoom. This family support charity are also looking for Advocates.

HERITAGE CENTRE VOLUNTEERS

Would you enjoy greeting visitors, maintaining the appearance of exhibits and keeping public areas tidy at this High Street Heritage Centre? Volunteers also help with sales of art & souvenirs, and top up stock as required. For all the information you need about volunteering at this popular venue book a place at their Open Day on Mon. 14th September (booking is required). Contact the Volunteer Centre for information.

HOME VISITING VOLUNTEERS

You can make a difference to families who need a helping hand by offering support to parents and children in their own homes for 2-3 hours a week. The next preparation course for this role will run **online** for 8 weeks with sessions lasting just over 2 hours (15 minute break included). Training will be on Thursdays from 17th Sept. to 12th Nov. (excluding 29th Oct.) and will equip you with the skills and knowledge you need. If you have experience of being a parent and enjoy supporting people in a practical way, this could be the role for you.

TELEPHONE BEFRIENDERS

Telephone Befrienders are needed to contact Carers/older people across Essex. Volunteers provide support by phone to those that may be socially isolated, offering understanding and companionship. You'll be empathetic, and able to deal with difficult and emotive conversations. This role offers interesting and rewarding an experience with ongoing training and development in а supportive environment.

VOLUNTEER CENTRE CONTACT DETAILS

For information on these or any of our volunteering roles email Linda at <u>volunteering@maldoncvs.org.uk</u> or call 01621 851891. Visit <u>www.volunteeressex.org</u> to view the whole range of volunteering opportunities in the Maldon District